Johnson County announced the winners of the 2014 Green Business Awards and Shawnee Mission Health (SMH) was the only organization in the health care industry that made the list. The Green Business Awards are aimed at recognizing businesses of all sizes that lead the way in waste reduction and sustainability in Johnson County. Each recipient has gone beyond the recycling of plastic and paper and has developed innovative programs collectively diverting several thousand tons of material from regional landfills. SMH was recognized for reducing sharps waste by 28 percent and decreasing trash quantities by nine percent. The Board of County Commissioners recognized winners at a formal presentation.
Town Hall Goes Around the World

CEO Ken Bacon invites you to attend one of the July Town Hall meetings featuring a brand new format! Stop by any time during the designated time blocks to hear about future growth and the latest updates to our strategic plan, Mission Excellence. You will also have a chance to ask questions to members of the Administration Team.

Light refreshments and snacks will be provided from around the world. All associates who visit each table and get their passport stamped will receive a voucher for a small gift and be entered into a drawing for an Apple TV.

If you have a question or topic suggestion outside of the strategic plan, please contact Ashley McDonald at ashley.mcdonald@shawneemission.org and we will do our best to address it.

Tuesday, July 22 – Prairie Star Conference Room
11 a.m.-1 p.m.

Wednesday, July 23 – Sunflower Room (Merriam Campus)
7-10 a.m.
11 a.m.-1 p.m.
2-4 p.m.
11 p.m. (held in conjunction with the Midnight Meal)

Thursday, July 24 – Sunflower Room (Merriam Campus)
9-11 a.m.

We will also be collecting donations for our Food Pantry. Please bring an item and drop it in one of the donation boxes. Items in need include cereal, baking goods, canned fruit, health and beauty supplies such as shampoo, conditioner, soap, feminine hygiene products, deodorant and toilet paper.

Own the Bone

Osteoporosis (a disorder resulting in low bone density) and fragility fractures (low-impact fractures) are major public health problems. SMH is committed to providing the best possible care for fragility fracture and osteoporosis patients and is the first hospital network in Kansas to participate in Own the Bone, a quality improvement program developed by the American Orthopedic Association. With this tool, SMH can identify, evaluate, treat and improve care in patients over age 50 who suffer from these two health problems. Own the Bone is intended to educate both patients and health care providers with a goal of reducing future bone fractures and promoting treatment for osteoporosis and bone health.

If you would like more information about Own the Bone or SMH’s orthopedic services, please contact Beth Armstrong RN, MSN, Director of Orthopedic and Spine Center, at 913-632-2571.

Annual Breyfogle Conference


Sponsored by The Foundation for Shawnee Mission Medical Center (SMMC), the annual Breyfogle Conference is geared toward health professionals who provide service to geriatric patients and their families. The program will enlighten us to work as a team to rebalance and modernize our current system in a way that will help us better address and care for the needs of our current and future generations.

Program Objectives

- Identify the signs and symptoms of compassion fatigue
- Discuss dietary needs and challenges specific to the elderly
- Describe the symptoms, route of transmission and epidemiology of foodborne illness
- List treatments and resources available to the elderly who are depressed
- Define elder abuse and your role in reporting it
- Review components of a successful caregiver’s support plan when dealing with aging family members/patients.

SMH associates can register in NetLearning (via Arc) or at https://lms.netlearning.com/mynetlearning/shawnee.

Contact Debbie Lawrence at 913-676-2034 (ext. 72034) or debbie.lawrence@shawneemission.org with questions.

SMMC is accredited as a provider of continuing nursing education by the American Nurses Credentialing Center’s COA. 6.5 CE

Yoga for Nurses

SMH is now offering yoga classes for nurses. These classes will be taught by yoga instructor Clint Forrestt, who has been passionately pursuing, studying and teaching yoga for 12 years. Forrestt works to make each class a positively uplifting experience for each individual.
The effect of a single yoga practice can help to relieve tension in the mind and body as well as provide other benefits such as muscle strengthening and toning, increasing flexibility, improving focus and clarity of mind, boosting immune system functions, reducing the likelihood of injury, and reducing the effects of stress. Learn to breathe properly, improve posture and increase your mindfulness.

Classes are held on Mondays and Thursdays. The first class of the day starts at 2:15 p.m. on the sixth floor between Towers 1 and 2. Every 15 minutes, another class will be held on the floor below until 3:30 p.m., with the last session ending on the first floor. Contact Juliet Stoddart at juliet.stoddart@shawneemission.org or 913-676-7590 (ext. 77590) with questions.

SMH’s New Tele-ICU Program Brings Advanced, Around-the-Clock Care

SMH’s critically ill patients will soon have the benefit of the most advanced telemedicine program available in hospital intensive care units (ICU) today. SMH has partnered with Advanced ICU Care to implement a Tele-ICU program that provides monitoring by highly trained intensivist physicians and critical care nurses 24 hours a day, seven days a week. The Tele-ICU program will:

- Continuously monitor patients’ vitals signs, medications, labs and clinical status
- Electronically alert the ICU team about patient issues prompting immediate attention
- Provide two-way conferencing, which will enable face-to-face consultations with bedside staff and the Advanced ICU Care team.

Set to go live at SMMC on Aug. 20, the Tele-ICU program provides an additional layer of monitoring and enhances the outstanding care already provided by SMMC. For more information, contact Shalan Stroud at 913-676-7476 (ext. 77476) or shalanstroud@shawneemission.org.

Above & Beyond

Mary Akagi, Employee Health
Mary’s creativity with holiday decorations really brightened up the Human Resources office. She made festive pen sets and candy holders that were very useful and added a nice holiday touch to the office atmosphere. Rachel Ross

Jessie Benson, Medical/Surgical Unit
Jessie set a wonderful example of caring by praying with a patient before a procedure. She gently held the patient’s hand and said a beautiful prayer asking God to watch over the patient and to keep her safe. It was a beautiful moment that we felt privileged to witness. Katie and Lisa

Stephanie Burkeen, Patient Access
Stephanie went the extra mile to help comfort a patient and mother who were upset. She was a great example of our mission and provided the care and special touch the family needed. Brook Boyer

Paula Hague, Shawnee Mission Primary Care - Shawnee Crossings
Paula handles every encounter with a patient with utmost respect and care. She is always willing to help out where needed and helps other providers when she can. SMPC Front Office Staff

Marsha Hitzeman, Nutrition Services
Marsha is a caring associate. She is always eager to help and makes a positive impact in the Nutrition Department. Michael Quarles

Anna Beth Kallenbach, Behavioral Health
Anna Beth shows consistent support, expertise and compassion in patient care. In a situation, she helped ensure patient safety and continuity of care. Anna Beth is a talented and caring professional in the mental health field. Charly Peacock

Peggy Pace, Urgent Care
Peggy helped get a prescription filled for a patient who had just left town and forgot their medicine. She put in the extra effort to provide great service, making Shawnee Mission Health stand out in the patient’s eyes. Barbara Crisp

Matt Quinn, Nutrition Services
Matt did a great job creating and preparing a variety of hot and cold appetizers for the Certified Nurses Reception. He came in on his day off to prepare many of the foods, and it all turned out to be excellent. His extra efforts were noticed and are appreciated. Susan Larcom

Diane Seber, Nutrition Services
A patient had a very specific diet request for dinner. Diane was quick to call the dietician, learn about the special diet and get the meal to the patient. She and the dietician really helped with the service recovery for this patient. Kristi Tannahill

Kathy Troll, Pre-Surgery Clinic
An elderly patient was concerned about finding a temporary caretaker for her pet. Kathy took the initiative, made calls on her own time and found a home for the pet. She went the extra mile to bring great relief to the patient. Seagayl Henderson
Save Big on Wigs in July

Whether you’ve experienced hair loss or simply want a solution for a bad hair day, Santé Boutique & Salon can help. Choose from more than 100 Raquel Welch and Gabor wigs in stock starting at $100. Appointments are recommended.

Save 20 percent off the purchase of one wig, 25 percent off two wigs and 30 percent off three wigs or more!

Save 20 percent off any wig hair care and retail items including wig-safe shampoo and styling products, wig stands and wig caps, combs and brushes.

To book your wig-fitting appointment, call Santé at 913-632-9800.

New Hours

We are excited to announce that Sante’s hours of operation have changed to Tuesday-Friday, 10 a.m.-5 p.m.

Corn Roast for Associates – July 31

We’re smiling from ear to ear! Join us for a Corn Roast - another fun event with the purpose of Recognizing You for your hard work and commitment to SMH. Thursday, July 31, 2-4 p.m., Old Ambulance Bay (by the Garden Cafe) at SMMC.

Recognizing YOU

Human Resources

Employee Information Update: As we approach Annual Enrollment and prepare for end of year W-2 forms, please ensure that your address, telephone contacts and emergency information are updated. Address forms are available on Arc or in Human Resources (HR).

Health Insurance: A change for 2014 included the Tobacco-Free Health Premium Discount Attestation form. Associates who failed to complete this form during Annual Enrollment may complete a paper form in HR.

Flexible Spending Accounts (FSA): The FSAs for medical, dependent care and adoption are administered through Aetna/PayFlex. The claim form is available in HR and on Arc. It is one combined claim form that is used for both medical and/or dependent flex claims. If you would like to track your dependent care or medical flexible spending account(s) online, you may register your account through payflexdirect.com. Or, if you registered your health plan through aetna.com, there is a link to the PayFlex website where you can also access your FSA.

Health Savings Accounts (HSA): HSA balances from 2013 should have rolled over into 2014. Per IRS guidelines, HSA accounts/changes can still be initiated for 2014. Reimbursement of HSA claims other than your debit card must be made through the PayFlex website at payflexdirect.com.

HSA Debit Cards: Remember that you must have funds in your HSA before you can use your debit card.

Dental Insurance: Continue to use your existing Delta Dental Insurance card. You can register for an account and print a card at deltadentalins.com.

Life Insurance: Consider updating your life insurance beneficiary information. Forms are available on Arc or in HR.

Coverage End Dates: If you change status into a position less than 16 hours per week or terminate employment, coverage under all of the benefit plans will cease with the last day worked in the benefit eligible position. The one exception is retirement deductions, which would continue for associates with non-benefit eligible positions (PRN/Relief).

Retirement: If you have any questions regarding your retirement needs (AHRP and/or VALIC), please contact our retirement educators at 913-676-7541 (ext. 77541). A representative will return your call. You can review or update beneficiary information for VALIC or AHRP by contacting VALIC or AHRP at 1-800-730-4477. Be sure to have your PIN number available when you call.

HR – Online: Don’t forget to review your paychecks every pay day to verify your address, pay information, current benefit elections, tuition assistance reimbursements, retirement contribution elections, tax withholding information and PDO balances.

You can access HR on Arc for the following:
- Cancer and Specified Disease Wellness Claim form
- Shared Leave Application (PDO donation)
- Referral Bonus form
- Website Links:
  - AHRP: ahrp.com
  - Dental plan: deltadentalins.com
  - Aetna: aetna.com
  - Aetna provider list: aetna.com/docfind/custom/ahs
  - Vision: eaglesbenefits.com
  - FSA/HSA: payflexdirect.com
  - EAP: mylifevalues.com